



# EARTHQUAKE SAFETY TIPS

*An earthquake is a sudden shaking of the earth caused by breaking and shifting of rocks beneath the earth's surface. Jamaica is in an earthquake zone and will experience earthquakes every now and then. Earthquakes strike with **NO WARNING**; it is therefore imperative that we know how to react in the event that one occurs.*

*When an Earthquake Strikes **BE BOLD**  
**DROP! COVER! HOLD!***



# Earthquake Safety Tips

## During an Earthquake

- Stay Calm.
- Employees, customers and other people are to remain in the facility and either take cover under sturdy furniture or stand in an interior doorway. Practice “**Drop -Cover-Hold**”
- If you are outside the facility during the earthquake move away from buildings, trees, overhanging items and power lines.

## After the Earthquake

- After the quake has stopped, and under the guidance of the Safety Warden, evacuate the building. Use stairways, avoid elevators and other mechanical devices.
- Proceed to the designated Assembly Point.
- Conduct roll call and make note of any missing person.
- Inform emergency personnel of any missing persons.
- Locate and report the condition of all injured persons, and provide first aid assistance as directed.
- Locate and report the condition of the premises and obvious hazards.
- DO NOT re-enter the building until it has been declared safe.
- DO NOT use matches, candles or open flames to provide illumination.
- DO NOT activate any electrical switch: use flashlights only.
- DO NOT re-activate power switches or valves.
- If you observe structural damage to the facility or an obvious leak immediately turn off all water, gas and electrical power at the main valves and breakers.
- DO NOT use the telephone, except to report an emergency.